MENTORING MAP

Assess Your Needs
• Where are you professionally? _________________
• Where do you aspire to be? _________________

Conduct Inventory
• What relationships do you currently have or have had in the past?
  ________________________________________________
• What did they offer? _________________________________________

Simply Subtract
• Identify what type of relationships are missing that need to be cultivated.
  ________________________________________________
• What does that person look like? What is their skill set?
  ________________________________________________

Cultivate Relationships
• Who is a potential mentor? _________________________________
• Work on building a relationship with that person
• Seek opportunities to connect
• Consider developing a mentor network. Include peers.

Pay It Back
• What do you have to offer as a mentor? _________________________________
• Who can you identify that you could take under your wing?
  ________________________________________________