

A LIST OF ACTIVITIES YOU CAN DO WITH (OR WITHOUT) KIDS DURING THE SHELTER IN PLACE ACTION:

- Go outside and enjoy the fresh air
- Ride bikes, roller blade, walk, any type of exercise
- Coloring books/print coloring pages

- <https://www.amazon.com/Carsons-Glasses-Adaptation-Childrens-Feel->



[Good/dp/B086FTSB8C/ref=mp_s_a_1_1?dchild=1&keywords=carson%E2%80%99s+glasses+a+coloring+book&qid=1586208094&sr=8-1&fbclid=IwAR27MdRLsKTZ_YEWgfM3goOUxjS-q0kKP64wRhIckD9lfAw7tROI_8ls3i8](https://www.amazon.com/dp/B086FTSB8C/ref=mp_s_a_1_1?dchild=1&keywords=carson%E2%80%99s+glasses+a+coloring+book&qid=1586208094&sr=8-1&fbclid=IwAR27MdRLsKTZ_YEWgfM3goOUxjS-q0kKP64wRhIckD9lfAw7tROI_8ls3i8)

- Puzzles
- Play board games
- Practice reading books
- Write a play and act it out
- Shedd aquarium provides live-stream shows and activities
 - <https://www.montereybayaquarium.org/animals/live-cams>
 - <https://www.sheddaquarium.org/experiences>
- Zoos have live cameras (San Diego, Cincinnati, Atlanta, Houston, Oregon)
 - <https://zoo.sandiegozoo.org/live-cams>
 - https://www.facebook.com/cincinnati_zoo/
 - <https://zoo.cameras.aroundtheworld.com/zoo-atlanta-webcams/>
- Watch artist's live stream concerts from their homes
 - <https://www.songkick.com/live-stream-concerts>
 - <https://heavy.com/entertainment/2020/04/acm-presents-our-country-livestream-kenny-rogers-tribute/>
- Teach your children something new
 - <https://www.msn.com/en-au/news/other/11-real-life-skills-you-can-teach-your-kids-at-home-during-a-quarantine/ar-BB12dXd7>
- Scholastic offers day-by-day projects for kids preschool-6th grade
 - <https://classroommagazines.scholastic.com/support/learnathome.html>
- Facetime friends and family
- Kids messenger on Facebook allows kids to message other kids or adults with parent's approval
 - <https://messengerkids.com/>
- Use this as an opportunity to teach them about COVID-19
 - <https://www.cdc.gov/coronavirus/2019-ncov/index.html>